



**2332 Maj EJG Holland V.C. RCACC
Weekly Routine Orders**



Date:	Wed 08 Jan 25
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CAF Member Dress: PT

RO No.	25-002
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Cadet Dress: PT
(Year 3 and above)

DUTY PERSONNEL

Cadet Dress: C5
(Year 1 and 2)

Training Night Routine

(All times use 24hr clock)

	Start	Finish
Arrival / Sign-In	18:00	18:15
Opening Parade	18:20	18:40
Period 1	18:45	19:15
Break	19:15	19:20
Period 2	19:20	19:50
Break	19:50	20:05
Period 3	20:05	20:35
Closing Parade	20:40	21:00
Dismissal	21:00	

Primary Duty Officer: Capt Dang, A.

Secondary Duty Officer: Lt Galaska-Doak, K.

Duty NCO: 0

Duty Cadet: Sgt Godbout, J.

Duty Cadet: Sgt Sexton

MANDATORY TRAINING

	PO/EO #	Period 1		Period 2		Period 3	
		18:45 to 19:15	19:20 to 19:50	20:05 to 20:35			
GREEN STAR 	PO/EO #	MX05.01		MX05.01		MX05.01	
	PO/EO Title	Participate in Physical Activities		Participate in Physical Activities		Participate in Physical Activities	
	Instructor Location	0.00 Outdoors		0.00 Outdoors		0.00 Outdoors	
RED STAR 	PO/EO #	MX05.01		MX05.01		MX05.01	
	PO/EO Title	Participate in Physical Activities		Participate in Physical Activities		Participate in Physical Activities	
	Instructor Location	0.00 Outdoors		0.00 Outdoors		0.00 Outdoors	
SILVER STAR 	PO/EO #	MX05.01		SPORTS		SPORTS	
	PO/EO Title	Participate in Physical Activities		Recreational Sports (MX05.01)		Recreational Sports (MX05.01)	
	Instructor Location	0.00 Outdoors		0.00 Outdoors		0.00 Outdoors	
GOLD STAR 	PO/EO #	SPORTS		SPORTS		SPORTS	
	PO/EO Title	Recreational Sports (MX05.01)		Recreational Sports (MX05.01)		Recreational Sports (MX05.01)	
	Instructor Location	0.00 Outdoors		0.00 Outdoors		0.00 Outdoors	
MASTER CADET 	PO/EO #	SPORTS		SPORTS		SPORTS	
	PO/EO Title	Recreational Sports (MX05.01)		Recreational Sports (MX05.01)		Recreational Sports (MX05.01)	
	Instructor Location	0.00 Outdoors		0.00 Outdoors		0.00 Outdoors	

Kevin Maloney
Captain
Commanding Officer