



2332 Maj EJG Holland V.C. RCACC
Weekly Routine Orders



Date:	Wed 27 Nov 24
--------------	---------------

CAF Member Dress: CADPAT

RO No.	24-048
---------------	--------

Cadet Dress: C5
 (Year 3 and above)

Training Night Routine

(All times use 24hr clock)

	Start	Finish
Arrival / Sign-In	18:00	18:15
Opening Parade	18:20	18:40
Period 1	18:45	19:15
Break	19:15	19:20
Period 2	19:20	19:50
Break	19:50	20:05
Period 3	20:05	20:35
Closing Parade	20:40	21:00
Dismissal	21:00	

Cadet Dress: C5
 (Year 1 and 2)

DUTY PERSONNEL

Primary Duty Officer: Capt Maloney, K.

Secondary Duty Officer: Lt Galaska-Doak, K.

Duty NCO: 0

Duty Cadet: Sgt Ogunmekan, L.

Duty Cadet: Sgt Rioux

MANDATORY TRAINING

		Period 1 18:45 to 19:15	Period 2 19:20 to 19:50	Period 3 20:05 to 20:35
GREEN STAR 	PO/EO #	MX04.01	DRILL	DRILL
	PO/EO Title	Participate in 60 minutes of Moderate to Vigorous Intensity Physical Activity (MVPA) and Track Participation in Physical Activities	Drill Practice	Drill Practice
	Instructor	WO MacKenzie, F.	CWO Farah, M.	CWO Farah, M.
	Location	Classroom 2	Parade Square	Parade Square
RED STAR 	PO/EO #	MX04.01	DRILL	DRILL
	PO/EO Title	Participate in 60 minutes of Moderate to Vigorous Intensity Physical Activity (MVPA) and Track Participation in Physical Activities	Drill Practice	Drill Practice
	Instructor	WO MacKenzie, R.	CWO Farah, M.	CWO Farah, M.
	Location	Classroom 3	Parade Square	Parade Square
SILVER STAR 	PO/EO #	M309.07	DRILL	DRILL
	PO/EO Title	Instruct a 15-Minute Lesson	Drill Practice	Drill Practice
	Instructor	CV Hassan, Z.	CWO Farah, M.	CWO Farah, M.
	Location	Junior Ranks Mess	Parade Square	Parade Square
GOLD STAR 	PO/EO #	MX04.01	DRILL	DRILL
	PO/EO Title	Participate in 60 minutes of Moderate to Vigorous Intensity Physical Activity (MVPA) and Track Participation in Physical Activities	Drill Practice	Drill Practice
	Instructor	Capt Lohnes, C.	CWO Farah, M.	CWO Farah, M.
	Location	Officer's Mess	Parade Square	Parade Square
MASTER CADET 	PO/EO #	0.00	DRILL	DRILL
	PO/EO Title		Drill Practice	Drill Practice
	Instructor	0.00	CWO Farah, M.	CWO Farah, M.
	Location	0.00	Parade Square	Parade Square

Patricia Bonacci
 Captain
 Commanding Officer