DELAY OF IN PERSON TRAINING until further notice as of 30 SEP 2020 MAJOR UPDATES as of 22 SEP 2020 based on FRAG O 001

Year 1, Issue 1

September 2020

2332 Major EJG Holland, VC RCACC Newsletter



Edited and produced by the Social Media Team

A Message from the Commanding Officer



As summer comes to an end, I hope everyone had a chance to enjoy it and are ready for our 2020-21 cadet training year. I want to thank all the staff and cadets who assisted in our summer activities. Many of our cadets participated in enhancing the Cadet Program, so be on the lookout for what's new!

Although we are not able to start in person in September, we will focus on educating staff, cadets and parents on what our training year will look like. You will see a couple of Virtual FUN Wednesday night activities in September!

As of October 1st, we will resume in person training. Although some cadets may not be able to or may not be comfortable returning to cadets, we will ensure that the training is delivered to all our cadets, so as to not impact their progression in the cadet program. As we continue to adapt to this pandemic, we must be patient and continue to keep safety as a top priority for our staff and cadets. I am fully confident that the staff and volunteers will rise to the challenge. As we go forward with our training our three strategic directions will be:

- Safety of our Cadets/Staff;
- Deliver the Cadet program in a FUN and engaging environment; and
- Enhance the Cadet Program at the corps.

This will provide new opportunities to our corps for the future. Our corps' staff have been exceptional through these circumstances and it's in our power to have a fantastic 2020-21 cadet training year. I look forward to seeing all our returning cadets in person or virtually and I look forward to seeing new cadets at our Corps.

"We will only get stronger together!"

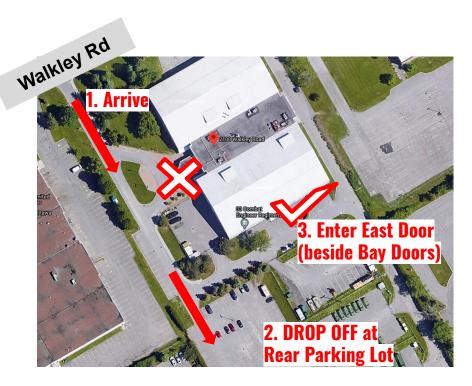
Major PA Bonacci Commanding Officer 2332 Major Holland VC RCACC



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Safety and Training during COVID-19: A Wednesday Night



ARRIVAL/ENTRY

- 1. Arrive on site via personal vehicle, bus, etc.
- 2. Drop off your Cadet in the **Rear Parking Lot**:
 - if any concerns, speak with an Officer staff outside the building.
 - the Armoury Front Lobby will be LOCKED. There is NO entry or exit by anyone.
- 3. Cadets will **ENTER** via the East Door along **the Bay Doors** and meet the Duty Staff (Officer and Cadet).
 - ENTRY via East door
 - EXIT via West door



Safety and Training during COVID-19: A Wednesday Night

INITIAL SCREENING

- 4. Before entering the building, this checklist will be completed:
 - Use provided hand sanitizer;
 - Ensure **mask** is properly on; and
 - Complete **COVID Questionnaire**.
- 5. When entering the building, an **initial screening** will be conducted by the Duty Staff:
 - Contact Tracking/Attendance to ensure Cadets understand safety expectations and to track personnel on site
 - If at any point, the Cadet exhibits a symptom of COVID or answers YES to one of the questions:
 - Parent(s)/Guardian(s) will be contacted; and
 - Formation will be informed by the CO or designate.

TRAINING/CLASSES

- 6. As directed by the Duty Staff, go to position on Parade Square with your Trg Group **OR** directly to assigned classroom.
- 7. **During opening parade**, the **COVID Safety Briefing** will be conducted by the COVID Safety Officer (Cpl Mitchell Statham) or designate.
- 8. Following opening parade, Cadets will head to their classrooms as directed
- 9. At all times **on the way to class**, Cadets will maintain physical distancing, wear their mask, walk on the right side of the hallway and follow all guidelines as dictated by the COVID Safety Officer, Staff and Senior Cadets.
- 10. **On entering class**, Cadets will go to their desk, wipe down their area and training equipment with provided cleaning supplies.
- 11. On exiting class for the 15 min break, Cadets will maintain physical distancing.

 <u>UPDATE</u> as of 22 SEP 2020: Breaks are restricted to the classroom only.
- 12. On returning to class, Cadets will return to the same desk.
- 13. On final exit from the class back to the Parade Square, Cadets will wipe down their desk area and shared equipment with provided cleaning supplies.
- <u>UPDATE</u> as of 22 SEP 2020: Cadets must complete the <u>Self Assessment Tool</u> before leaving.
- 14. **After Final Announcements & Dismissal**, Cadets will immediately EXIT the premises via the Bay Doors or West Doors. Any required meetings will occur in a physically distanced setting away from all EXIT points

Safety and Training during COVID-19: FAQs

Entry & Exit Points

- Parent(s)/guardian(s) must park, drop off and wait for their Cadets in the Rear Parking Lot.

Masks

- Masks will be provided by the Cadet program in the future, with more information to follow:
- Masks must be worn at all times while moving around common spaces in the building;
- If 2m distancing is met in a training space, masks may be removed at the discretion of the supervising adult staff. This will be closely monitored by all staff/senior cadets;



UPDATE as of 22 SEP 2020: Masks must be worn at all times - inside and outside - regardless of spacing.

The only exception is to <u>briefly</u> remove it to drink or eat. Masks are to be <u>immediately</u> put back on after drinking or eating.

Any deviation from this rule will result in immediate correction to ensure safety during all Training.

- As of 2 Sep 2020, personal masks can be worn. Safety is prioritised over uniformity;
- However, if the mask has an inappropriate design that violates the <u>CJCR Dress Instructions</u> or <u>Cadet Code of Conduct</u>, parent(s)/guardian(s) will be contacted for follow-up. The cadet may be removed from Training and asked to be picked up.

Gloves

- Gloves will NOT be provided by the Cadet program;
- If you feel more safe wearing gloves, you are allowed to wear them; and
- If you choose to wear gloves, all of the same hand washing rules still apply.

Personal Belongings

- Bags and coats will remain with the Cadet at all times.
- During breaks:
 - All personal items will remain at their desk area.
 - No Cadet will be allowed back into the classroom without supervision from a Senior Cadet to avoid cross contamination concerns.
- On final parade/dismissal, Cadets will have their bags on them. Other items (jacket, books)
 are to be held in their left hand.



Water Fountains:

- Cadets are strongly suggested to bring a personal water bottle or money to purchase one from the Cadet canteen;
- Water fountains in the building are not to be used under any circumstances with the exception of the water bottle filling station (if it is operational); and
- Corps 1L water bottles (Nalgene) are available at the Cadet Canteen once the Cadet Canteen opens.

Safety and Training during COVID-19: FAQs

Washrooms

- Are open with a maximum of 2 persons;
- NO ONE is allowed in the Change Rooms; and
- Washrooms are NOT hang-out spots. Any Cadets found out hanging out within the Washrooms or Change Rooms at any time will be reprimanded if the behaviour persists.

Breaks

- Opportunities to socialize outside the classroom while maintaining Public Health directives; and
- If physical distancing is not followed in this setting, breaks will be restricted to the classroom, with one at a time bathroom breaks.

UPDATE as of 22 SEP 2020: Breaks are restricted to the classroom only.

Indoor Classrooms & Outdoor Training Areas

- Physical distancing must be maintained at all times, inside or outside;
- To maintain physical distancing, only half of the unit will be present in person and multiple classrooms will be used for one Star Level; and
- When possible, and weather permitting, classes will be held outside for a larger working environment.

Parade Square / Hallways

- Hallways are used to get from one place to another they are NOT for hanging around and continuing discussions;
- Stay to the right in hallways and areas when walking around; and
- All parade formations are at double arms dressing (with 1-inch space between fists).

Staircases

- All staircases in the Armouries are 2-way; and
- Ensure no one is coming from the opposite way before making your way up or down the staircase!

Parking

- All parents, volunteers and staff must park in the Rear Parking Lot behind the Armoury. Where possible, park one spot apart from each other; and
- Cadets will meet their parent(s)/guardian(s) in the back lot, unless invited in, parents are to stay near their vehicles.

Final Announcements / Dismissal

- The COVID Safety Officer and/or their designate will ensure debrief is complete; and <u>UPDATE</u> as of 22 SEP 2020: Cadets must complete the Self-Assessment Tool before leaving.
- Single file, leading off from the right beginning with the Star Level closest to the Bay Doors Cadets are to leave from the Exit Points.

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Safety and Training during COVID-19: FAQs

Note 1: All adult staff, volunteers, and Senior Cadets of 2332 RCACC are responsible to follow all of the same rules and to ensure their enforcement. The COVID-19 Safety Officer is an instrumental supervisor, and ensures all proper guidelines are followed to maintain safety while on site.

Note 2: All Cadets and adult staff play an integral part in ensuring the space stays clean during our time at the unit. This will be impressed upon the Cadets and led by the Adult Staff

Note 3: Signs on site will dictate how many people can be within a specific space – all signage must be followed at all times

What if someone catches COVID-19?

If a participant, during an activity, becomes unwell, and/or specifically displays/complains of any symptoms related to COVID-19, they will be:

- Separated from all other participants;
- All other participants will be moved to an alternate location;
- Parent(s)/guardian(s) will be contacted (if a Cadet);
 - The participant and/or parent(s)/guardian(s) must ensure the unwell participant is seen by a clinician before returning to any Cadet activity;
- Participant will need to return home ASAP;
- All equipment, materials, etc. that came in contact with the unwell participant MUST be isolated and cleaned;
- The Chain of Command beyond the unit will be notified about the incident (our Zone Training Officer); and
- All other participants and parent(s)/guardian(s) will be notified they may have been in contact with the participant

Safety and Training during COVID-19: Training FAQs

What does overall Training look like?

- Training will be rotated between IN-PERSON & VIRTUAL. Both will be FUN & CHALLENGING.
- IN-PERSON will focus on Application and VIRTUAL will focus on Interactive Theory lessons.
- More information will come about this Training Schedule in the next weeks as we aim to re-align with the hybrid system
- Tentative Training Groups for the Training Year
 - Green & Gold (Sep Dec 2020), in person first
 - Red & Silver (Sep Dec 2020), virtual first
 - Green & Silver (Jan Jun 2021), in person first
 - Red & Gold (Jan Jun 2021), virtual first
- Master Cadets will float from week to week, depending on the needs of the Star Levels

What if my son or daughter is not able to be in-person and/or cannot participate in online training?

- As dictated by <u>Task Order 002</u>, any Cadet who cannot complete aspects of the Cadet program due to in-person activity limitations and/or virtual connectivity issues will NOT be penalized.

Why not just provide in-person Training?

- Due to the restrictions on group size to comply with proper health safety measures, we cannot only focus on in-person Training without losing valuable Training time.
- If we only provide in-person sessions, your Cadet would benefit far less from the Training program that we can provide.
- We aim to provide the same level of engagement between the two methods, so please look forward to how this approach develops!
- In the event of a second wave or other unpredictable developments, activities may need to go all virtual again. Having virtual classes in the training plan allows us to make a more seamless transition to that contingency plan.
- There is always an inherent value to the experiential learning with in-person activities, but we only want to do in-person activities when we know we can mitigate those risks effectively to keep our Cadets safe.

For an updated reference throughout the year, check out the website page.

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Administration

UPDATING CONTACT INFORMATION

Annual Validation Forms will be completed on the first night back (7 Oct 2020). If the cadet is unable to attend in person training, they must send an email to 2332admn@gmail.com.

Emails are to be written in this format:

Subject: rank/last name/Annual Validation Form **Email:**

Rank:

Last name:

Initial:

Star Level:

Reason: Requesting digital Annual

Validation Form

A digital copy of the Annual Validation Form will be sent to them for the parents to sign and email back.

Supply

APPOINTMENTS

Cadets requiring uniform exchanges can send an email to the Supply Officer using this email 2332supply@gmail.com.

Emails are to be written in this format:

Subject: rank/last name/Supply Appointment

Email:

Rank:

Last name:

Initial:

Company/Squadron:

Items to be exchanged:

Reason:

New cadets will be contacted for an appointment to be measured for their uniform.

RECRUITMENT

We are still welcoming new recruits into the program!

For those who are interested in joining the Cadets Program, the application and instructions can be found online on our <u>website</u>.

Recruits will be added to the Green Star Level training group and following the Training Schedule that will be released in the coming weeks.

Staff

Commanding Officer	Major Bonacci	Training Officer	Lt Galaska-Doak
Deputy Commanding	Capt McNaughton	Training 2IC	Lt Champagne
Officer			
		Training Level Officers	
Administration Officer	OCdt Mitchell	Green Star	2Lt Jack
Supply Officer	CV Jean Louis	Red Star	OCdt Watt
Supply Assistant	CV Lacasse	Silver Star	OCdt Plamondon
			CV Chahwan
Technical Advisor	Capt Lohnes	Gold Star	CV Zeitoun
	Pte Ahsan	Master Cadet	MWO Boivin
	Cpl Statham	Training Advisor	Capt Lohnes

Public Affairs Officer Lt Dang

