

## Participant's Information

[dukeofed.org](http://dukeofed.org)

The Award concept is one of individual challenge. It offers young people a balanced, non-competitive programme of voluntary activities which encourages personal discovery and growth, self-reliance, perseverance, responsibility to themselves and service to their community.

Whether applying for a place at college, university or future employment, completion of The Duke of Edinburgh's Award, at any level, clearly identifies a candidate with a well rounded range of interests, who actively participates in their community and is able to sustain a commitment.

The Duke of Edinburgh's Award does not disclose personal information to any third party to enable them to market their products and services and takes reasonable precautions to ensure that personal information is kept safe from loss, unauthorized access, modification or disclosure.





156 Front Street West 416 203.0674 tel  
Suite 402 1 800 872.3853  
Toronto, ON M5J 2L6 info@dukeofed.org

## THE AWARD

The Duke of Edinburgh's Award encourages young people ages 14 to 24 to Make a Difference while exploring their potential, taking on new challenges and achieving success.

The Award is comprised of three levels; Bronze, Silver and Gold. Participants must set and achieve goals in four different programme areas that allow them to get involved with their community, explore the great outdoors, discover or enhance a skill or hobby, and engage in regular physical activity. The Award is about personal challenges and development and is customized according to a participant's interests and abilities.

The Award is a non-competitive, programme designed to encourage young people to develop positive skills and habits. Participants benefit through their own effort and develop self-confidence, motivation and life-long friendships.

Participants are recognized for their efforts upon completion at a ceremony in the company of their peers, friends and family. By achieving The Award, young people demonstrate initiative and the dedication it takes to follow through and complete a task.

The Award was founded in 1956 by HRH The Prince Philip, Duke of Edinburgh K.G. K.T. in London, England to help young people develop a sense of responsibility to themselves and their communities. A concept of individual challenge, The Award is a programme of voluntary activities which encourage personal discovery, growth, self-reliance, perseverance and responsibility. The Award currently operates in over 143 countries around the world.

## 4 PROGRAMME AREAS

- Community Service:** Encourages young people to become an active member of their community providing a service to others.
- Skill Development:** Encourages young people to discover new abilities and interests or improve upon existing talents.
- Physical Recreation:** Encourages young people to get active, improve overall fitness and lead a healthy active lifestyle.
- Adventurous Journey:** Encourages young people to cultivate a spirit of adventure, discovery, self-reliance and environmental conservation while undertaking a wilderness or adventure experience.

## AWARD PARTICIPATION

- Upon registration, participants receive a Record Book in which they log their activities and time commitments.
- Participants may begin to log hours only upon registration and not before.
- Upon completion of each section, the relevant assessor writes a brief report.

## AWARD LEVELS

### Bronze Award – 14 years or older

- Minimum 6 months
  - Community Service: 3 months (min. average of 1 hour per week)
  - Skill Development: 3 months (min. average of 1 hour per week)
  - Physical Recreation: 3 months (min. average of 1 hour per week)
- ↑ Participants must select one of the above sections and complete an additional 3 months in that activity.
- Adventurous Journey: 2 day, 1 night activity
- Community ceremony of recognition with pin and certificate

### Silver Award – 15 years or older

- Minimum 6 months (12 months direct entry)
  - Community Service: 6 months (min. average of 1 hour per week)
  - Skill Development: 6 months (min. average of 1 hour per week)
  - Physical Recreation: 6 months (min. average of 1 hour per week)
- ↑ Participants who are direct entry (have not completed the Bronze level) must select one of the above sections and complete an additional 6 months in that activity.
- Adventurous Journey: 3 day, 2 night activity
- A provincial/territorial ceremony of recognition with certificate awarded by The Lieutenant Governor or The Commissioner

### Gold Award – 16 years or older

- Minimum 12 months (18 months direct entry)
  - Community Service: 12 months (min. average of 1 hour per week)
  - Skill Development: 12 months (min. average of 1 hour per week)
  - Physical Recreation: 12 months (min. average of 1 hour per week)
- ↑ Participants who are direct entry (have not completed the Silver level) must select one of the above sections and complete an additional 6 months in that activity.
- Adventurous Journey: 5 day, 4 night activity
  - Residential Projects: 5-day experience
- National ceremony of recognition with certificate awarded by a member of the Royal Family or the Governor General or a noteworthy Canadian.
- Most activity is valid whether undertaken independently, or with the participant's group. Any compulsory academic activity, or one that results in financial compensation, is not permitted.

## NOTE

There is a \$30 dollar registration fee payable at the outset of each level.



The International Award is an exciting self-development Programme available to all young people worldwide equipping them with life skills to make a difference to themselves, their communities and the world. To date almost 8 million young people from over 143 countries have been motivated to undertake a variety of voluntary and challenging activities.