Some highlights from the directive are:

·       health and safety of staff and cadets will remain our first priority.

·       baseline COVID-19 PHM will continue:

o   washing hands

o   coughing & sneezing into a tissue or bend of arm

o   avoid touching eyes, nose or mouth with unwashed hands

o   maintaining 2 metre physical distance whenever possible

o   wearing of NMM masks

·       the following training and training support restrictions remain in place until further notice:

o   overnight training for cadets is not authorized at this time

o   in-person music training will adhere to following restrictions:

§  outdoors, with physical distancing, factoring the size of the instrument

§  indoors, with minimum of 3 m physical distancing, factoring the size of the instruments

§  rehearsals are limited to a maximum of 30 minutes per session,

§  action will be taken to contain respiratory droplets by:

·       not sharing instruments

·       avoiding draining condensation onto the floor

·       using bell covers or other physical barrier on brass instruments

o   on-water training activities in small craft (under 4.2m length) are restricted to posture levels one and two

o   return to flying plan is being developed and further direction will come later

o   international travel is not authorized until further notice

o   recreational trips are not authorized for this TY

o   no commercial air travel is authorized to support any training activities

o   in-person fundraising by cadets and staff is restricted to:

§  RCL Poppy Campaign from 19 Oct to 11 Nov 21

§  All other in-person fundraising is restricted until no earlier than 31 Jan 21 (additional direction will be provided in the new year)

o   Corps/Sqn canteens may operate following local or provincial PHMs and will be restricted to commercially prepared food or sundry items (means you cannot prepare food and provide to cadets like hotdogs)

o   visitors to in-person activities (including but not limited to League members, parents/guardians, VIPs or media) will only be permitted in exceptional circumstances on the authority of RCSU CO.  They are not to interact directly with cadet/staff who are cohorted.  This restriction does not apply to:

§  Screened volunteers responsible for supervision or delivery of training

§  CAF members performing official visits

§  where required, local committee members (including provincial liaisons) who perform duties in support of corps/squadrons and where no restrictions exist (i.e. DND establishments where civilian access is restricted).

o   Ceremonial Events – may be conducted within provincial PHMs

COVID-19 Considerations and Requirements for conducting in-person activities:

·       CC/Sqn meetings with sponsors, Local Committee, branch, parent committees and the League are to be conducted virtually

·       prior to departing home for any in-person activities, all adult personnel and cadets will complete the COVID-19 Self-Assessment Tool available for their respective province/territory

·       to minimize the chances for COVID-19 transmission, the practice of cohorting will be used. This practice will apply to all types of in person training. Interactions between cadets and

staff should remain limited to individual training groups, (e.g., divisions/platoons/flights, courses etc.) as much as possible. Formalized schedules for the use of common areas, should be established to ensure cohorts do not mix.

·       NMM are to be worn by cadets and staff.  If a cadet or adult staff member reports that they cannot wear a NMM due to health restrictions, their in-person participation will be determined by the workplace scalable posture in effect. The Regional Medical Liaison Officer (RMLO) must be advised through the chain of command. RMLO will advise the RCSU CO and will also place the appropriate participation limitation on the cadet’s medical record.

·       Hand hygiene - Soap and water remain the preferred method of hand hygiene. Where running water is not readily available every effort should be made to ensure mobile units are available

·       Transportation requirements:

o   NMM shall be worn when there is more than one occupant in the vehicle

o   Cadets and staff will sanitize hands and don NMM prior to loading vehicles

o   Meals/snacks shall not be consumed in transit.  If travelling over the meal hour then meal to be consumed outside of the vehicle